



Mississauga • Brampton • Caledon

The future rests in our helping hands

MEDIA ADVISORY

Older Adult Volunteer Fair to Provide Direct Connection to Community Service Organizations

February 11, 2015 – Brampton, ON – Older adults and retired seniors are invited to attend an Older Adult Volunteer Fair being held this Friday, February 13 where they will have the opportunity to connect with close to two dozen community service organizations to find out how they can get engaged as volunteers. The fair will be hosted by Volunteer MBC, in partnership with Polycultural Immigrant & Community Services (PICS), and will be held in PICS' Auditorium located in Sheridan Centre Mall, 2225 Erin Mills Parkway in Mississauga from 2PM to 5PM.

The theme of the fair is “Volunteering for Fun, Health and Life-long Learning” and will also offer presentations covering topics to include Laughter Yoga; Preventing Heart Disease; Complimentary Therapies; and a Groove Session. Community Service Organizations will be on-site to provide information on volunteer opportunities available which support their program and service delivery. Some of the organizations include: ACCES Employment; Square One Older Adult Centre; Ronald McDonald House; Animal Aid Foundation; The Story Garden; Big Brothers Big Sisters of Peel; and Victorian Order of Nurses, to name a few.

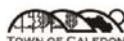
Residents of the City of Mississauga and surrounding areas, as well as members of the media, are invited to attend the Older Adult Volunteer Fair.

Date/Time:

- Friday, February 13, 2015
- 2:00PM to 5:00PM
 - 2:00PM to 2:05PM – Introduction/Welcome by Volunteer MBC and Polycultural Immigrant & Community Services
 - 2:05PM to 2:10PM – Presentation on “My Mentorship Experience” (*tentative*), presented by ACCES Employment
 - 2:20PM to 2:40PM – Presentation on “Complementary Therapies”, presented by Heart House Hospice
 - 2:50PM to 3:05PM – Presentation by the Canadian Red Cross
 - 3:15PM to 3:25PM – Demonstration on “Laughter Yoga”, presented by Spectra Support Services

#

7700 Hurontario Street, Unit 601, Brampton, ON L6Y 4M3 • Phone: 905.238.2622 • Fax: 905.595.2612 • Email: info@volunteermbc.org
volunteermbc.org | facebook.com/LikeVolunteerMBC | twitter.com/VolunteerMBC | linkedin.com/company/volunteer-mbc



- 3:35PM to 3:55PM – Presentation on “Preventing Heart Disease” (*tentative*), presented by the Heart & Stroke Foundation
- 4:15PM to 4:30PM - Demonstration on “Groove EDGEducation/Groove Session” presented by Polycultural Immigrant and Community Services
- 4:30PM to 4:55PM - Networking & Entertainment featuring Drew (singer/guitarist) and Matta (pianist)
- 4:55PM to 5:00PM – Concluding remarks and close of event

Location:

- Sheridan Centre Mall, Polycultural Immigrant & Community Services, Auditorium, 2225 Erin Mills Parkway, Mississauga, ON L5K 1T9

Volunteer MBC gratefully acknowledges the financial support of the Pendle Fund at the Community Foundation of Mississauga, a registered charitable public foundation serving the people of Mississauga. Through this funding the centre has been able to provide additional support to their Retired Seniors Volunteer Program (RSVP).

The objective of the RSVP program is to provide retired seniors, age 55 and over, with volunteer opportunities in the community by directly connecting them with community service organizations who are members of the centre.

Volunteer MBC is a Volunteer Centre serving the cities of Mississauga and Brampton, and the Town of Caledon. The centre offers a referral and matching service for volunteer placement within the community for all ages (youth, adults, seniors, and families). They also provide education and support for volunteers and community service agencies and organizations, and serve the corporate community with various programming services that engage individual and team volunteering. Additionally, the centre strives to be a strong voice to support and promote volunteerism.

For more information about Volunteer MBC, to access their on-line volunteer opportunities database, and to find more details on the centre’s three convenient locations in Mississauga, Brampton and Caledon, visit www.volunteermbc.org. For more information about Volunteer MBC’s Retired Seniors Volunteer Program, go to: www.volunteermbc.org/olderadults.

- 30 -

For more information and media inquiries, please contact:

Sharon Clark-Koufis
 Marketing, Communications & Membership Manager
 Volunteer MBC
 P: 905.238.2622 ext. 221
 E: media@volunteermbc.org

7700 Hurontario Street, Unit 601, Brampton, ON L6Y 4M3 • Phone: 905.238.2622 • Fax: 905.595.2612 • Email: info@volunteermbc.org
volunteermbc.org | facebook.com/LikeVolunteerMBC | twitter.com/VolunteerMBC | linkedin.com/company/volunteer-mbc

